



COSTI EMPLOYMENT SERVICES  
EMPLOYMENT WEBINARS & EVENTS | JANUARY 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 PUBLIC HOLIDAY OFFICE CLOSED	2	3 EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM VIRTUAL INFORMATION SESSION 10:00 am— 11:00 am TO REGISTER CLICK <a href="#">HERE</a>	4 INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS PROGRAM VIRTUAL INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK <a href="#">HERE</a>	5
8	9 WRITING A STRATEGIC RÉSUMÉ WEBINAR 10:00 am—12:00 pm TO REGISTER CLICK <a href="#">HERE</a>  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK <a href="#">HERE</a>	10 EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM VIRTUAL INFORMATION SESSION 10:00 am— 11:00 am TO REGISTER CLICK <a href="#">HERE</a>	11. NETWORKS PROGRAM INFORMATION SESSION FOR YOUTH 18-29 9:30 am—12:00 pm TO REGISTER CLICK <a href="#">HERE</a>  ACE YOUR INTERVIEW WEBINAR 10:00 am—12:00 pm TO REGISTER CLICK <a href="#">HERE</a>  INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS PROGRAM VIRTUAL INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK <a href="#">HERE</a>	12
15 <a href="#">COSTI ONLINE SERVICES COURSES</a>  EMPLOYMENT STRATEGIES FOR OFFICE ADMINISTRATION PROFESSIONALS (3 WEEKS) TO REGISTER CLICK <a href="#">HERE</a>	16 NETWORKS PROGRAM INFORMATION SESSION FOR YOUTH 18-29 9:30 am—12:00 pm TO REGISTER CLICK <a href="#">HERE</a>  FOOD HANDLER ONLINE CERTIFICATION PROGRAM 10:00 am— 3:00 pm TO REGISTER CLICK <a href="#">HERE</a>  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK <a href="#">HERE</a>	17 BETTER JOBS ONTARIO INFORMATION SESSION 10:00 am—12:00 pm TO REGISTER CLICK <a href="#">HERE</a>  EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM VIRTUAL INFORMATION SESSION 10:00 am— 11:00 am TO REGISTER CLICK <a href="#">HERE</a>	18 INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS PROGRAM VIRTUAL INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK <a href="#">HERE</a>	19
22 NETWORKS PROGRAM: FREE 10-DAY ONLINE SOFT SKILLS TRAINING FOR YOUTH (AGES 18-29) 9:30 am—3:00 pm TO REGISTER CLICK <a href="#">HERE</a>	23 WRITING A STRATEGIC RÉSUMÉ WEBINAR 10:00 am—12:00 pm TO REGISTER CLICK <a href="#">HERE</a>  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK <a href="#">HERE</a>	24 EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM VIRTUAL INFORMATION SESSION 10:00 am— 11:00 am TO REGISTER CLICK <a href="#">HERE</a>	25 ACE YOUR INTERVIEW WEBINAR 10:00 am—12:00 pm TO REGISTER CLICK <a href="#">HERE</a>  INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS PROGRAM VIRTUAL INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK <a href="#">HERE</a>	26
29	30 NETWORKS PROGRAM INFORMATION SESSION FOR YOUTH 18-29 9:30 am—12:00 pm TO REGISTER CLICK <a href="#">HERE</a>  JOB SEARCH STRATEGIES WEBINAR 10:00 am—11:00 am TO REGISTER CLICK <a href="#">HERE</a>	31 EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM VIRTUAL INFORMATION SESSION 10:00 am— 11:00 am TO REGISTER CLICK <a href="#">HERE</a>		



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## January Workshop/Event Descriptions

COSTI Employment Services is offering all employment workshops online in the form of webinars and virtual meetings. To register for any of our webinars, click on the chosen workshop registration link on this calendar.

To access the Online Services courses please visit [COSTI ONLINE SERVICES](#) and create an account. You will then be directed to the courses.

**ACE YOUR VIRTUAL INTERVIEW:** The interview is key to getting a job. During these challenging times, how we interview has changed. Discover how to handle challenging interview questions with confidence; learn how to collect, compile and present information that showcases your skills and experience; find out the common mistakes that happen in interviews and how to avoid them. **January 11 & 25**

**BETTER JOBS ONTARIO (FORMERLY SECOND CAREER) INFORMATION SESSION:** The Better Jobs Ontario program was expanded to better help people who may face challenges finding stable jobs such as gig workers, youth and people on social assistance. If you have been unemployed for six months or longer, and are part of a low-income household, you may benefit from these changes. **January 17**

**EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM INFORMATION SESSION:** is designed to assist highly skilled internationally trained individuals with a background in Information Technology obtained outside of Canada and who now reside in Ontario, and are unemployed or under-employed, integrate into the Ontario workforce in obtaining a certificate and secure occupation in the high demand Cybersecurity field.

**January 3, 10, 17, 24 & 31**

**EMPLOYMENT STRATEGIES FOR OFFICE ADMINISTRATION PROFESSIONALS THREE-WEEK COURSE** Sector- Specific Terminology, Workplace Communication and Culture Skills for Internationally Trained Professionals and individuals interested in working in the field of Office Administration. **January 15 to February 2**

**INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS-BRIDGING THE GAP TO EMPLOYMENT INFORMATION SESSION:** Program is designed to provide employment assistance to residents of Peel and York Region who are internationally trained individuals in the fields of Finance and Accounting, Information Technology, Healthcare and Engineering enabling them to succeed in the workplace. internship openings in occupations specifically related to the clients' background and assist clients in obtaining a professional internship. These are paid work placements in the clients' chosen field and working for companies matching their occupational objective. **January 4, 11, 18 & 25**

**netWORKS INFORMATION SESSION:** If you are between 18 and 29 years old and excited about getting your career started, netWORKS is a new way for you to make connections with mentors who can help you get your career off the ground. **January 11, 16 & 30**

**netWORKS PROGRAM FREE 10-DAY ONLINE SOFT SKILLS TRAINING FOR YOUTH (AGES 18-29 ):** Access workplace skills that are in demand. This online training includes: workplace communication, teamwork, personal management, problem solving and critical thinking, building your professional network, connect with mentors from various industries. **January 22 to February 2 from 9:30 am—3:00 pm**

**FOOD HANDLER CERTIFICATE 1-DAY ONLINE TRAINING:** The Food Handler Certification online training teaches you how to safely, prepare, store and serve food. Training is geared for individuals interested in working in the food industry. Interested participants may qualify for this training for free! Must be out of school and work and reside within the Greater Toronto Area (GTA) For more information contact (416) 588-2240 or e-mail at [westonemployment@costiorg](mailto:westonemployment@costiorg). **January 16**

**JOB SEARCH STRATEGIES:** Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry. Unsure where to look for work or what's available? Join us in learning how to prepare yourself for opportunities in this new and demanding labour market. **January 30**

**TRIEC MENTORING PARTNERSHIP INFORMATION SESSION:** Reconnect with your profession in Canada! TRIEC Mentoring Partnership helps immigrant professionals reconnect with their careers with the help of a mentor who works in their field in Canada. Learn how to maximize mentoring opportunities in your professional field and become more successful together. **January 9, 16 & 23**

**WRITING A STRATEGIC RÉSUMÉ:** Two-hour résumé writing webinar. Join us to learn how to create résumé that will get noticed by employers. **January 9 & 23**

**PRE-RECORDED WEBINARS ACCESSIBLE ANYTIME:** Click on the name to register and view the recorded webinars

**COSTI EMPLOYMENT SERVICES INFORMATION SESSION:** Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment.

**COVER LETTER: YES OR NO?:** You are sending out resumes, but not sure if you should include a cover or not? If you do, what do you say? Join us for the answer to this question.

**JOB SEARCH STRATEGIES:** Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry.