



# COSTI EMPLOYMENT SERVICES

ONLINE EMPLOYMENT WEBINARS | MAY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b> LIFE SUCCESS STRATEGIES THREE-WEEK PROGRAM 10:00 am—12:00 pm TO REGISTER <a href="#">CLICK</a></p>	<p><b>3</b> WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER <a href="#">CLICK HERE</a></p> <p>EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM INFORMATION SESSION 10:00 am— 11:00 am TO REGISTER <a href="#">CLICK HERE</a></p> <p>TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>4</b> COSTI EMPLOYMENT SERVICES INFORMATION SESSION 10:00 am—10:30 am TO REGISTER <a href="#">CLICK HERE</a></p> <p>INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS—BRIDGING THE GAP TO EMPLOYMENT INFORMATION SESSION 10:00 am—11:00 am TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>5</b> ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER <a href="#">CLICK HERE</a></p> <p>NETWORKS INFORMATION SESSION FOR YOUTH 18-29 11:30 am—2:00 pm TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>6</b></p>
<p><b>9</b> <a href="#">COSTI ONLINE SERVICES COURSES</a></p> <p>CUSTOMER SERVICE PREPARATION (3 WEEKS) TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>10</b> WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER <a href="#">CLICK HERE</a></p> <p>EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM INFORMATION SESSION 10:00 am—11:00 am TO REGISTER <a href="#">CLICK HERE</a></p> <p>CERTIFIED FOOD HANDLING ONLINE PROGRAM 10:00 am—3:00 pm TO REGISTER <a href="#">CLICK HERE</a></p> <p>TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>11</b> NPOWER CANADA IT PROGRAM INFORMATION SESSION 10:00 am—11:00 am TO REGISTER <a href="#">CLICK HERE</a></p> <p>INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS—BRIDGING THE GAP TO EMPLOYMENT INFORMATION SESSION 10:00 am—11:00 am TO REGISTER <a href="#">CLICK HERE</a></p> <p>COVER LETTER YES OR NO? 2:00 pm— 3:00 pm TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>12</b> ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>13</b></p>
<p><b>16</b></p>	<p><b>17</b> WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER <a href="#">CLICK HERE</a></p> <p>NETWORKS INFORMATION SESSION FOR YOUTH 18-29 10:30 am—12:00 pm TO REGISTER <a href="#">CLICK HERE</a></p> <p>TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>18</b> SECOND CAREER STRATEGY INFORMATION SESSION 10:00 am—12:00 pm TO REGISTER <a href="#">CLICK HERE</a></p> <p>EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM INFORMATION SESSION 10:00 am— 11:00 am TO REGISTER <a href="#">CLICK HERE</a></p> <p>JOB SEARCH STRATEGIES 2:00 pm—3:00 pm TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>19</b> ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER <a href="#">CLICK HERE</a></p> <p>LEARN TO MANAGE MONEY BEFORE IT MANAGES YOU 2:00 pm—3:00 pm TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>20</b> INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS—BRIDGING THE GAP TO EMPLOYMENT INFORMATION SESSION 10:00 am—11:00 am TO REGISTER <a href="#">CLICK HERE</a></p>
<p><b>23</b> VICTORIA DAY CLOSED</p>	<p><b>24</b> WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER <a href="#">CLICK HERE</a></p> <p>CREDENTIAL EVALUATION AND ASSESSMENT 1:30 pm—2:30 pm TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>25</b> PLANNING YOUR CAREER 10:30 am— 11:30 am TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>26</b> ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>27</b></p>
<p><b>30</b> PATHWAY TO SUCCESS WOMEN'S PROGRAM 5:30 pm—8:30 pm TO REGISTER <a href="#">CLICK HERE</a></p>	<p><b>31</b> WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER <a href="#">CLICK HERE</a></p> <p>NETWORKS INFORMATION SESSION FOR YOUTH 18-29 10:30 am—12:00 pm TO REGISTER <a href="#">CLICK HERE</a></p>			

## May Workshops /Events Descriptions

**COSTI Employment Services is offering all employment workshops online in the form of webinars and virtual meetings. To register for any of our webinars, click on the chosen workshop registration link on this calendar or contact us at 647.827.1425. To access the Online Services workshops go to [COSTI ONLINE SERVICES](#) and create an account. You will then be directed to the courses.**

**ACE YOUR VIRTUAL INTERVIEW:** The Interview is key to getting a job. During these challenging times, how we interview has changed. Discover how to handle challenging interview questions with confidence; learn how to collect, compile and present information that showcases your skills and experience; find out the common mistakes that happen in interviews and how to avoid them. **May 5, 12, 19 & 26**

**CERTIFIED FOOD HANDLING ONLINE PROGRAM:** The Food Handler Certification program teaches you how to safely prepare, store and serve food. Fully recognized in the province of Ontario. **May 10**

**COSTI EMPLOYMENT SERVICES INFORMATION SESSION:** Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment. **May 4**

**CUSTOMER SERVICE PREPARATION (3 WEEKS):** In this course you will learn the skills necessary to work on a daily basis in all jobs where you work with customers in person and over the phone. Certificate of completion. **May 9**

**COVER LETTER: YES OR NO?:** You are sending out resumes, but not sure if you should include a cover or not. If you do, what do you say? Join us for the answer to this question. **May 11**

**CREDENTIAL EVALUATION AND ASSESSMENT:** Are you internationally trained and looking to start working in Canada? Join us for this informative session where you will find out how and where to get your credentials evaluated. **May 24**

**EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM INFORMATION SESSION:** This program is designed to assist highly skilled internationally trained individuals with a background in Information Technology obtained outside of Canada and who now reside in Ontario, and are unemployed or underemployed, integrate into the Ontario workforce in obtaining a certificate and secure occupation in the high demand Cybersecurity field. **May 3, 10 & 18**

**INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS -BRIDGING THE GAP TO EMPLOYMENT INFORMATION SESSION:** This program is designed to provide employment assistance to residents of Peel and York region who are internationally trained individuals in the fields of Finance and Accounting, Information Technology, Healthcare and Engineering enabling them to succeed in the workplace. internship openings in occupations specifically related to the clients' background and assist clients in obtaining a professional internship. These are paid work placements in the client's chosen field and working for companies matching their occupational objective. **May 4, 11 & 20**

**JOB SEARCH STRATEGIES:** Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry. Unsure where to look for work or what's available? Join us in learning how to prepare yourself for opportunities in this new and demanding labour market. **May 18**

**LEARN TO MANAGE MONEY BEFORE IT MANAGES YOU:** Join this workshop hosted by Consolidated Credit Counseling Services of Canada as we discuss: SMART financial goal setting, creating and maintaining a budget, strategies for building savings and credit reports and scores. **May 19**

**LIFE SUCCESS STRATEGIES:** Are you a York Region resident? Looking to advance your skills while at home? Join this three-week program to explore career opportunities and increase your self confidence. **May 2 - May 30**

**netWORKS INFORMATION SESSION:** If you are between 18 and 29 years old and excited about getting your career started, netWORKS is a new way for you to make connections with mentors who can help you get your career off the ground. **May 5, 17 & 31**

**NPOWER CANADA IT PROGRAM INFORMATION SESSION:** Learn how you can begin your tech career by completing one of the NPower Canada's FREE training programs in only 15 weeks! **May 11**

**PATHWAY TO SUCCESS WOMEN'S PROGRAM :** A dynamic, interactive Life Skills, Career Options & Small Business program that prepares newcomer, and visible minority women for the Canadian life and experience, to become self-sufficient and economically independent. The program will help identify your skills, strengths as well as recognize areas for improvement. It familiarizes you with new labour market information and offers tools and strategies to adopt in changing market conditions. If you are looking for ways to adapt your transferable skills in changing Canadian workplace and living,. **May 30 to June 16**

**PLANNING YOUR CAREER:** Participate in a webinar that will help you make informed decisions about your career path. Find out where you are now and where you want to be. **May 25**

**SECOND CAREER STRATEGY INFORMATION SESSION:** The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand. Second Career Strategy provides financial assistance based on individual need to assist people with some of the costs associated with long-term training plans, including the cost of tuition and books. **May 18**

**TRIEC MENTORING PARTNERSHIP INFORMATION SESSION:** Reconnect with your profession in Canada! TRIEC Mentoring Partnership helps immigrant professionals reconnect with their careers with the help of a mentor who works in their field in Canada. Learn how to maximize mentoring opportunities in your professional field and become more successful together. **May 3, 10 & 17**

**WRITING A STRATEGIC RÉSUMÉ:** Two-hour résumé writing webinar. Join us to learn how to create résumé that will get noticed by employers. **May 3,10, 17,24, 31**

**PRE-RECORDED WEBINARS:** Click on the name to register and view the webinar

**[COSTI EMPLOYMENT SERVICES INFORMATION SESSION:](#)** Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment.

**[COVER LETTER: YES OR NO?:](#)** You are sending out resumes, but not sure if you should include a cover or not? If you do, what do you say. Join us for the answer to this question.

**[FROM STRESS TO SUCCESS:](#)** In this workshop, we will identify the triggers of stress and provide techniques to overcome those feelings. We will also look at goal setting and prioritizing to help manage life's demands.

**[JOB SEARCH STRATEGIES:](#)** Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry.

**[SECOND CAREER STRATEGY INFORMATION SESSION:](#)** The Second Career Strategy Information Session will help recently laid-off,