



# COSTI EMPLOYMENT SERVICES

ONLINE EMPLOYMENT WEBINARS | OCTOBER 2020

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---|---|---|--|
|   |   |   | <b>1</b><br><b>ACE YOUR VIRTUAL INTERVIEW</b><br>2:00 pm—4:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b>   | <b>2</b><br><b>MOCK VIRTUAL INTERVIEW</b><br><b>TO REGISTER CLICK <a href="#">HERE</a></b>   |
| <b>5</b><br><a href="#">COSTI ONLINE SERVICES COURSES</a><br><br><b>WRITING A STRATEGIC RÉSUMÉ (1 WEEK)</b><br><br><b>COMMUNICATION IN THE WORKPLACE (2 WEEKS)</b>  | <b>6</b><br><b>TRIEC MENTORING PARTNERSHIP INFORMATION SESSION</b><br>12:00 pm—1:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>WRITING A STRATEGIC RÉSUMÉ</b><br>2:00 pm—4:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b>  | <b>7</b><br><b>JOB SEARCH STRATEGIES</b><br>10:00 am—11:30 am<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>YOUTH JOB CONNECTION &amp; INFORMATION SESSION</b><br>2:00 pm—3:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b>   | <b>8</b><br><b>ACE YOUR VIRTUAL INTERVIEW</b><br>10:00 am—12:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>INTRODUCTION TO LINKEDIN—THE BASICS</b><br>2:00 pm—4:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b>         | <b>9</b><br><b>MOCK VIRTUAL INTERVIEW</b><br><b>TO REGISTER CLICK <a href="#">HERE</a></b>   |
| <b>12</b><br><b>THANKSGIVING OFFICE CLOSED</b>  | <b>13</b><br><b>WRITING A STRATEGIC RÉSUMÉ</b><br>10:00 am—12:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>USING LINKEDIN TO JOB SEARCH</b><br>2:00 pm—4:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b>   | <b>14</b><br><b>JOB SEARCH STRATEGIES</b><br>10:00 am—11:30 am<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>SECOND CAREER STRATEGY INFORMATION SESSION</b><br>2:00 pm—4:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>YOUTH JOB CONNECTION INFORMATION SESSION</b><br>2:00 pm—3:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b> | <b>15</b><br><b>ACE YOUR VIRTUAL INTERVIEW</b><br>10:00 am—12:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>CREDENTIAL EVALUATION AND ASSESSMENT</b><br>2:00 am—4:00 pm<br><b>TO REGISTER CLICK HERE</b>                       | <b>16</b><br><b>MOCK VIRTUAL INTERVIEW</b><br><b>TO REGISTER CLICK <a href="#">HERE</a></b>  |
| <b>19</b><br><a href="#">COSTI ONLINE SERVICES COURSES</a><br><br><b>STARTING YOUR OWN BUSINESS (2 WEEKS)</b><br><br><b>CUSTOMER SERVICE PREPARATION (3 WEEKS)</b><br><br><b>EMPLOYMENT STRATEGIES FOR ACCOUNTING PROFESSIONALS (3 WEEKS)</b> | <b>20</b><br><b>WRITING A STRATEGIC RÉSUMÉ</b><br>10:00 am—12:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>TRIEC MENTORING PARTNERSHIP INFORMATION SESSION</b><br>12:00 pm—1:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>INTRODUCTION TO LINKEDIN—THE BASICS</b><br>2:00 pm—4:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b> | <b>21</b><br><b>JOB SEARCH STRATEGIES</b><br>10:00 am—11:30 am<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>COSTI EMPLOYMENT SERVICES INFORMATION SESSION</b><br>1:00 pm—1:30 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b>   | <b>22</b><br><b>ACE YOUR VIRTUAL INTERVIEW</b><br>10:00 am—12:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>FROM STRESS TO SUCCESS</b><br>2:00 pm—3:30 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b>                     | <b>23</b><br><b>MOCK VIRTUAL INTERVIEW</b><br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>PROTECTING YOURSELF AGAINST JOB SEARCH SCAMS</b><br>2:00 pm—4:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b> |
| <b>26</b><br><b>SPEAK TO A PROFESSIONAL EMPLOYMENT COUNSELLOR</b><br><b>CLICK <a href="#">HERE</a> TO REGISTER</b>  | <b>27</b><br><b>WRITING A STRATEGIC RÉSUMÉ</b><br>10:00 am—12:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>TRIEC MENTORING PARTNERSHIP INFORMATION SESSION</b><br>12:00 pm—1:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>USING LINKEDIN TO JOB SEARCH</b><br>2:00 pm—4:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b>        | <b>28</b><br><b>JOB SEARCH STRATEGIES</b><br>10:00 am—11:30 am<br><b>TO REGISTER CLICK <a href="#">HERE</a></b>   | <b>29</b><br><b>ACE YOUR VIRTUAL INTERVIEW</b><br>10:00 am—12:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b><br><br><b>SECOND CAREER STRATEGY INFORMATION SESSION</b><br>2:00 pm—4:00 pm<br><b>TO REGISTER CLICK <a href="#">HERE</a></b> | <b>30</b><br><b>MOCK VIRTUAL INTERVIEW</b><br><b>TO REGISTER CLICK <a href="#">HERE</a></b>  |

## October Workshop/Event Descriptions

COSTI Employment Services is offering all employment workshops online in the form of webinars and virtual meetings. To register for any of our webinars, click on the links (HERE + Ctrl ) or contact us at 647.827.1425.

To access the Online Services workshops go to [COSTI ONLINE SERVICES](#) and create an account. You will then be directed to the courses.

**ACE YOUR VIRTUAL INTERVIEW:** The Interview is key to getting a job. During these challenging times, how we interview has changed. Discover how to handle challenging interview questions with confidence; learn how to collect, compile and present information that showcases your skills and experience; find out the common mistakes that happen in interviews and how to avoid them.

**October 1, 8, 15, 22 & 29**

**COSTI EMPLOYMENT SERVICES INFORMATION SESSION:** Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment.

**October 14 & 21**

**COMMUNICATION IN THE WORKPLACE (2 WEEKS):** This online course will help you better understand how to communicate with co-workers, managers and clients in a diverse Canadian workplace. **October 5**

**CREDENTIAL EVALUATION AND ASSESSMENT:** Are you internationally trained and looking to start working in Canada? Join us for this informative session where you will find out how and where to get your credentials evaluated. **October 15**

**CUSTOMER SERVICE PREPARATION (3 WEEKS):** In this course you will learn the skills necessary to work on a daily basis in all jobs where you work with customers in person and over the phone. Certificate of completion. **October 19**

**EMPLOYMENT STRATEGIES FOR ACCOUNTING PROFESSIONALS (3 WEEKS):** This e-facilitated course focuses on Sector- Specific Terminology, Workplace Communication and Culture Skills for Internationally Trained Professionals and individuals interested in working in the field of Accounting. **October 19**

**FROM STRESS TO SUCCESS:** Are you feeling overwhelmed and stressed? Finding it hard to balance life right now? Do you need the tools to manage stress and help you to adjust to the change? In this workshop, we will identify the triggers of stress and provide techniques to overcome those feelings. We will also look at goal setting and prioritizing to help manage life's demands. **October 22**

**INTRODUCTION TO LINKEDIN—THE BASICS:** You have heard so much about LinkedIn and are now interested in seeing what everyone is talking about. If you do not have an account, join us for this webinar as we take you through the steps of creating an account and a profile. **October 20**

**JOB SEARCH STRATEGIES:** Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry. Unsure where to look for work or what's available? Join us in learning how to prepare yourself for opportunities in this new and demanding labour market. **October 7, 14, 21 & 28**

**MOCK VIRTUAL INTERVIEW:** During these challenging times, how we interview has changed. Take our Ace Your Interview webinar and then sign up to practice your interview skills using Zoom, one of the many online platforms. **October 2, 9, 16, 23 & 30**

**PROTECTING YOURSELF AGAINST JOB SEARCH SCAMS:** Join us for a two-hour webinar. Key insights will be shared on various types of job search scams in operation and how to identify ways to steer clear. The webinar will discuss how to Recognize, Reject and Report Job Search Scams. **October 23**

**SECOND CAREER STRATEGY INFORMATION SESSION:** The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand. Second Career Strategy provides financial assistance based on individual need to assist people with some of the costs associated with long-term training plans, including the cost of tuition and books. **October 14 & 29**

**SPEAK TO A PROFESSIONAL EMPLOYMENT COUNSELLOR:** New to COSTI? Need to speak to someone who can answer your employment questions? Register to meet with one of our professional employment consultants. **October 26**

**STARTING YOUR OWN BUSINESS (2 WEEKS):** Starting Your Own Business is designed help you decide whether self-employment is for you and to help you develop the tools you will need to start your own business in Canada. **October 19**

**TRIEC MENTORING PARTNERSHIP INFORMATION SESSION:** Reconnect with your profession in Canada! TRIEC Mentoring Partnership helps immigrant professionals reconnect with their careers with the help of a mentor who works in their field in Canada. Learn how to maximize mentoring opportunities in your professional field and become more successful together. **October 6, 20 & 27**

**USING LINKEDIN TO JOB SEARCH:** Learn how to use LinkedIn to explore career opportunities and network with like-minded people. **October 13 & 27**

**WRITING A STRATEGIC RÉSUMÉ:** Two-hour résumé writing webinar. Join us to learn how to create résumé that will get noticed by employers. **October 4, 13, 20 & 27**

**WRITING A STRATEGIC RÉSUMÉ COURSE (1 WEEK):** Do you have a résumé and would like to update it to the most current formats viewed by employers? Take this one week course where you will have the opportunity to update your résumé and ask questions from a trained facilitator. **October 5**

**YOUTH JOB CONNECTION INFORMATION SESSION (YJC):** This program serves youth aged 15-29 years of age who are out of school and out of work. **October 7 & 14**