



COSTI EMPLOYMENT SERVICES

ONLINE EMPLOYMENT WEBINARS | SEPTEMBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE	2
5 CIVIC HOLIDAY OFFICE CLOSED	6 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS - BRIDGING THE GAP TO EMPLOYMENT INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK HERE	7 JOB SEARCH STRATEGIES 10:00 am—11:00 am TO REGISTER CLICK HERE EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK HERE	8 PLANNING YOUR CAREER 10:30 am—11:30 am TO REGISTER CLICK HERE HOSPITALITY TRAINING ACTION CENTRE 75-PAID HOUSEKEEPING TRAINING INFORMATION SESSION 2:00 pm—3:00 pm TO REGISTER CLICK HERE	9
12 COSTI ONLINE SERVICES COURSES CUSTOMER SERVICE PREPARATION (3 WEEKS) TO REGISTER CLICK HERE LIFE SUCCESS STRATEGIES THREE-WEEK PROGRAM 10:00 am—12:00 pm TO REGISTER CLICK	13 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS - BRIDGING THE GAP TO EMPLOYMENT INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK HERE NETWORKS INFORMATION SESSION FOR YOUTH 18-29 11:30 am—2:00 pm TO REGISTER CLICK HERE TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE	14 BETTER JOBS ONTARIO (SECOND CAREER) INFORMATION SESSION 10:00 am—12:00 pm TO REGISTER CLICK HERE EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK HERE	15 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE NETWORKS INFORMATION SESSION FOR YOUTH 18-29 11:00 am—2:30 pm TO REGISTER CLICK HERE	16
19	20 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS - BRIDGING THE GAP TO EMPLOYMENT INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK HERE TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE	21 COSTI EMPLOYMENT SERVICES INFORMATION SESSION 10:00 am—10:30 am TO REGISTER CLICK HERE EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK HERE	22 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE	23
26	27 INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS - BRIDGING THE GAP TO EMPLOYMENT INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK HERE NETWORKS INFORMATION SESSION FOR YOUTH 18-29 10:30 am—1:30 pm TO REGISTER CLICK HERE TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE	28 JOB SEARCH STRATEGIES 10:00 am—11:00 am TO REGISTER CLICK HERE EXPRESSWAY CYBERSECURITY BRIDGING PROGRAM INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK HERE	29	30

September Workshop/Event Descriptions

COSTI Employment Services is offering all employment workshops online in the form of webinars and virtual meetings. To register for any of our webinars, click on the chosen workshop registration link on this calendar or contact us at 647.827.1425.

To access the Online Services workshops go to [COSTI ONLINE SERVICES](#) and create an account. You will then be directed to the courses.

ACE YOUR VIRTUAL INTERVIEW: The Interview is key to getting a job. During these challenging times, how we interview has changed. Discover how to handle challenging interview questions with confidence; learn how to collect, compile and present information that showcases your skills and experience; find out the common mistakes that happen in interviews and how to avoid them. **September 1, 15 & 22**

BETTER JOBS ONTARIO (FORMERLY SECOND CAREER) INFORMATION SESSION: : Effective April 29, 2022, the Better Jobs Ontario program was expanded to better help people who may face challenges finding stable jobs such as gig workers, youth and people on social assistance. If you have been unemployed for six months or longer, and are part of a low-income household, you may benefit from these changes. **September 14**

CUSTOMER SERVICE PREPARATION (3 WEEKS): In this course you will learn the skills necessary to work on a daily basis in all jobs where you work with customers in person and over the phone. Certificate of completion. **September 12**

COSTI EMPLOYMENT SERVICES INFORMATION SESSION: Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment. **September 21**

EXPRESSWAY CYBERSECURITY BRIDGIING PROGRAM INFORMATION SESSION: is designed to assist highly skilled internationally trained individuals with a background in Information Technology obtained outside of Canada and who now reside in Ontario, and are unemployed or underemployed, integrate into the Ontario workforce in obtaining a certificate and secure occupation in the high demand Cybersecurity field. **September 7, 14, 21 & 28**

HOSPITALITY TRAINING ACTION CENTRE 75—PAID HOUSEKEEPING TRAINING INFORMATION SESSION: COSTI Weston Employment Services and Hospitality Training Action Centre 75 is jointly presenting a virtual information session on a paid 2—week housekeeping training program and job opportunities in the hospitality sector. **September 8**

INTERNATIONALLY TRAINED INDIVIDUALS (ITI) SOLUTIONS -BRIDGING THE GAP TO EMPLOYMENT INFORMATION SESSION: program is designed to provide employment assistance to residents of Peel and York region who are internationally trained individuals in the fields of Finance and Accounting, Information Technology, Healthcare and Engineering enabling them to succeed in the workplace. internship openings in occupations specifically related to the clients' background and assist clients in obtaining a professional internship. These are paid work placements in the client's chosen field and working for companies matching their occupational objective. **September 6, 13, 20 & 27**

JOB SEARCH STRATEGIES: Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry. Unsure where to look for work or what's available? Join us in learning how to prepare yourself for opportunities in this new and demanding labour market. **September 7**

LIFE SUCCESS STRATEGIES: Are you a York Region resident? Looking to advance your skills while at home? Join this three-week program to explore career opportunities and increase your self confidence. **September 12**

netWORKS INFORMATION SESSION: If you are between 18 and 29 years old and excited about getting your career started, netWORKS is a new way for you to make connections with mentors who can help you get your career off the ground. **September 13 & 27**

PLANNING YOUR CAREER: Participate in a webinar that will help you make informed decisions about your career path. Find out where you are now and where you want to be. **September 8**

TRIEC MENTORING PARTNERSHIP INFORMATION SESSION: Reconnect with your profession in Canada! TRIEC Mentoring Partnership helps immigrant professionals reconnect with their careers with the help of a mentor who works in their field in Canada. Learn how to maximize mentoring opportunities in your professional field and become more successful together. **September 13, 20 & 27**

WRITING A STRATEGIC RÉSUMÉ: Two-hour résumé writing webinar. Join us to learn how to create résumé that will get noticed by employers. **September 6,13 & 20**

PRE-RECORDED WEBINARS: Click on the name to register and view the recorded webinars

COSTI EMPLOYMENT SERVICES INFORMATION SESSION: Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment.

COVER LETTER: YES OR NO?: You are sending out resumes, but not sure if you should include a cover or not? If you do, what do you say. Join us for the answer to this question.

FROM STRESS TO SUCCESS: In this workshop, we will identify the triggers of stress and provide techniques to overcome those feelings. We will also look at goal setting and prioritizing to help manage life's demands.

JOB SEARCH STRATEGIES: Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry.

**EMPLOYMENT
ONTARIO**

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